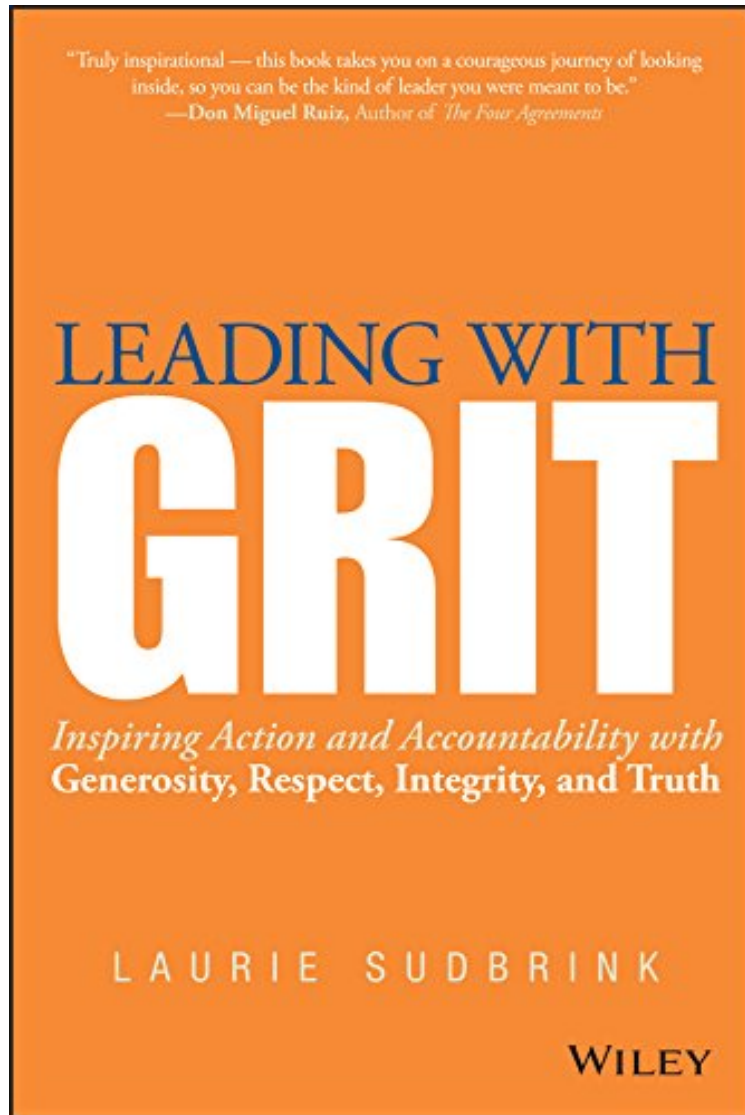


[PDF] Leading with GRIT: Inspiring Action and Accountability with Generosity, Respect, Integrity, and Truth

## Leading with GRIT: Inspiring Action and Accountability with Generosity, Respect, Integrity, and Truth

Laurie Sudbrink

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**Laurie Sudbrink : Leading with GRIT: Inspiring Action and Accountability with Generosity, Respect, Integrity, and Truth** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Leading with GRIT: Inspiring Action and Accountability with Generosity, Respect, Integrity, and Truth:

0 of 0 people found the following review helpful. Align Life Values in the Workplace!By V.CurryFor years, I purchased the Dr. Seuss, "Oh, The Places You'll Go!" or Bolles' "What Color is Your Parachute" for graduations,

promotions, etc. Now I purchase "Leading With GRIT" to celebrate major accomplishments and milestones. It turns out that this gift has been a winner every time! I have received more feedback than the obligatory thank you note. Every recipient has gone out of their way to let me know how interesting and helpful this book has been. I have gifted folks in the business, educational and medical world; both experienced and just entering their chosen vocation. This book is not just for leaders; it is for everyone in the work world! Laurie helps you bring into alignment, life values and the workplace. Valuable tools and practical examples empower the reader to reflect and apply the four principles of GRIT: Generosity, Respect, Integrity and Truth. Laurie is positive, inspiring and engaging. I highly recommend this book!

0 of 0 people found the following review helpful. A Book Showing True Leadership By Jason Dean What a great book! There are a lot of self help and business books on the market today and more coming out everyday. However, Leading with GRIT is different in the fact it makes you take an accounting of yourself as a leader while also motivating and driving you to be better each day. Ms. Sudbrink is a fantastic writer and really shows her knowledge, not through being someone who just talks about leading, but actually does it on a daily basis. It's great to see more women like her in the workplace helping drive business development forward. I learned a lot! Definitely a book worth reading and having on your bookshelf for time to come and refer back to. Looking forward to more from this author.

0 of 0 people found the following review helpful. Treat yourself to a fantastic journey both personally and professionally by reading this book. By Lani Marrero This book will teach you to have the courage, accountability and responsibility for your life. Personally, I kept saying this is me and that blew me away. Fascination by the connection and authenticity of examples, thoughts and actions is making this book hard to put down. In addition, knowing with each reading will bring about new awakenings and experiences. An added bonus is having the opportunity to work with Laurie and having attended a couple of her presentations, turning into an inspiring life-changing event. Treat yourself to a fantastic journey both personally and professionally by reading this book. I promise you will not regret it! Forever grateful.....

Improve yourself and your workplace with GRIT. Leading With GRIT is a practical and proven guide for transforming the workplace, offering pragmatic insight on value-based strategies that improve the individual and the business. Based on the author's proprietary principles of GRIT: Generosity, Respect, Integrity, and Truth; this book describes how working toward individual improvement produces better organizational results than traditional approaches that focus on collective improvement. Readers are introduced to GRIT with a framework that can be applied in any workplace scenario, and are provided with strategies for applying GRIT to communication and intra-office operations. Each chapter includes activities that assist with implementation, moving beyond the theoretical framework commonly taught in business school to provide a more practical approach to personal development. The principles of GRIT are exactly the sort of instruction leaders are encouraging, and companies worldwide are willing to invest large sums. The approach stands out for its unique, personal approach that melds values-based principles with business concepts to produce spectacular results. This book is the complete guide to GRIT, with an emphasis on practicality. Learn why the principles of GRIT have proven so effective. Apply GRIT in communications for better productivity. Discover how each person impacts those around them. Cultivate a positive, constructive attitude for less stress and more growth. GRIT helps readers make themselves and their workplaces happier and healthier, decreasing stress, sparking personal growth, retaining employees, and developing mindful leaders. In essence, Leading With GRIT is a handbook for improving the bottom line by improving the lives and outlook of those who contribute to it.

"Truly inspirational -- this book takes you on a courageous journey of looking inside, so you can be the kind of leader you were meant to be." - Don Miguel Ruiz, Author of *The Four Agreements*

"This book will cause a positive shift to happen in your work and life! Read it!" - Ken Blanchard, coauthor of *The One Minute Manager* and *Leading at a Higher Level*

"Laurie Sudbrink has written a gem of a book. For anyone seeking to improve their professional life, their personal life, or both, this book offers a unique and accessible pathway to success." - Louis M. Melchiorre, CIC, Senior Vice President, Willis Group

"In a time where individuals and companies are expected to do more with less, personal development often takes a back seat. Leading with GRIT offers a roadmap to leaders of all levels to build a sustainable foundation to excel personally and professionally." - Meghan Montana, Vice President, Deutsche Bank

"Real-life examples and well laid-out thoughts make Leading With GRIT easy to relate to, reflect on, and apply immediately!" - Ken Bonn, Managing Partner, Bonn, Diogardi and Ray

"I loved this book! Sudbrink skillfully combines a guide for personal growth with foundations for improving professional leadership skills." - Susan Smawley, Managing Director, National Accounts, Travelers

"Leading with GRIT offers a framework for leaders to hold themselves accountable and to improve their own leadership self-awareness." - Jim Newman, President, Noco Energy Corp

"It's not too late for you toiling masses out there still working in various industries and suffering unnecessarily in silence. Leading with GRIT will help you learn how to improve your working conditions and change your lives. This book belongs in every workplace, not collecting dust on a shelf, but preferably wide open on the CEO's desk." - Bill Bowman, retired journalist and editor, Newfoundland, Canada

"Laurie's Leading with

GRITreg;nbsp;process is practical, straightforward, client tested, and proven. Do not just read this book, live it!"nbsp;- Bob Spinelli,nbsp;College Professor Entrepreneurship Leadership"This book will change more than your workplace; it will change your life."- Vickie Curry,nbsp;Webster NY Central School District"Exactly what the modern workplace needs! For anyone leading a corporate team, or leading their own life, I give this book my highest recommendation."- Frank Davis,nbsp;P.Eng., VP Engineering retired, St.John's, NLFrom the AuthorI created the GRIT system and wrote Leading with GRIT to tackle the issue we're all faced with - to do more with less. While schools are recognizing the importance of grit and workplaces continue to demand it, there's so much more to it. We can't just ask people to be invincible. Grit comes from within. We need tough characters, with GRIT: Generosity, Respect, Integrity, and Truth.From the Inside FlapBREAK FREE FROM USELESS HABITS AND BECOME YOUR MOST INSPIRING SELF For employees and employers alike, workplace unhappiness is costly. But it isn't just about the organization's bottom line. The costs can be even higher in our personal lives. Turn to Leading with GRITreg; to rid yourself, and your workplace of unnecessary feelings of being stuck, overwhelmed, or frustrated. Laurie Sudbrink (founder of Unlimited Coaching Solutions, Inc.) draws on over 20 years of first-hand experience working with a wide variety of organizations, from government to Fortune 500s, schools and colleges, nonprofits, and small businesses. This practical guide is filled with illustrative stories from real-world leaders and organizations that have successfully used Leading With GRITreg;'s tools and techniques. While schools are recognizing the importance of grit and workplaces continue to demand it, there's so much more to it. We can't just ask people to be invincible. Grit comes from within. We need tough characters, with Generosity, Respect, Integrity, and Truth. This is not for the faint of heart – this is for people who want to get results! This unique leadership book focuses on you first, taking a personal approach that melds life values and self-discovery with business practices. Instead of giving advice that will be forgotten in a week, Leading with GRITreg; takes you on a journey that results in authentic and lasting change. While GRITreg; can be applied to any area of life, it is crucial for those in leadership roles. Divided into three parts, Leading With GRITreg; is a valuable resource that offers a step-by-step process for enhancing both personal and organi-zational health. In Part I, Generosity, Respect, Integrity, and Truth provides the foundation for empowering people to step up, take owner-ship, create solutions, and make things happen. Part II transforms the way you communicate with the people in your life. And Part III imparts a pragmatic approach for using GRITreg; in your workplace. Practical tools including a GRITreg; self-assessment, Five Steps of Changetrade;, and SHIFT chapter reviews help you discover where to focus your development efforts and how to stay on track. Leading with GRITreg; is your trusted guide to becoming a happier, healthier person, so that you can inspire others and create astounding results for your organization.