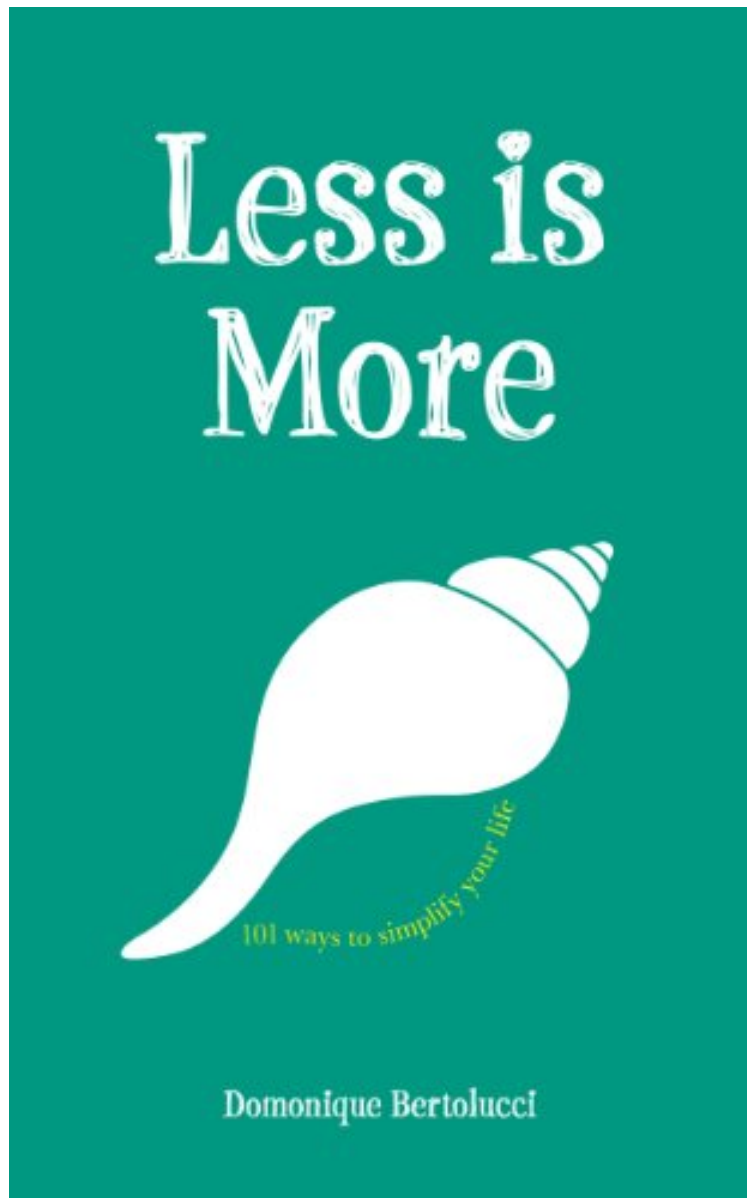


[Library ebook] Less is More

## Less is More

*Domonique Bertolucci*  
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**Domonique Bertolucci : Less is More** before purchasing it in order to gage whether or not it would be worth my time, and all praised Less is More:

1 of 1 people found the following review helpful. I'm a huge fan of The Happiness Code - and the insight that Domonique delivers in ...By Average Joe CEO I'm a huge fan of The Happiness Code - and the insight that Domonique delivers in her writing. She has another great gem with Less is More. A wonderfully easy format, but full of quotes

and insights on ways to focus on what is truly important and let the rest go. Less is More is a quick read - with a quote on one page, and her insight to the right. Combined with additional materials at her website, she makes the process of discovering ways to simplify your life deceptively easy! 0 of 0 people found the following review helpful. Brief and inspirational!!! By P. DeGon The 30 second reads provoke you to thought about simplicity and it's advantages. From cleaning out your closet to organizing your calendar this little book says each bit of wisdom in a unique way that helps you "get it" with positive energy. 0 of 0 people found the following review helpful. Five Stars By Customer Sweet little book.

Less is more is a collection of inspirational messages and advice that encourages the reader to enjoy life more by living a little more simply. Trying to do it all, be it all and have it all is exhausting mdash; and all too often, people find themselves asking lsquo;what was it all for?rsquo; The sad conclusion for so many is that the things they pushed themselves to do and have were never that important. Less is more shows the reader how to find more time and energy to enjoy the things that really do matter. It invites the reader to make small, simple changes in the way they live, like learning to say no and embracing silence; changes that will simplify their life and leave them feeling relaxed and happy, instead of stressed and overwhelmed.

About the Author Domonique Bertolucci is a happiness expert and bestselling author of a successful series of inspirational books The Happiness Code, Love Your Life and 100 Days Happier. She is the founding director of the Domonique Bertolucci Company, which delivers a range of personal development programs to both the general public and companies on how to get the life you really want to live.