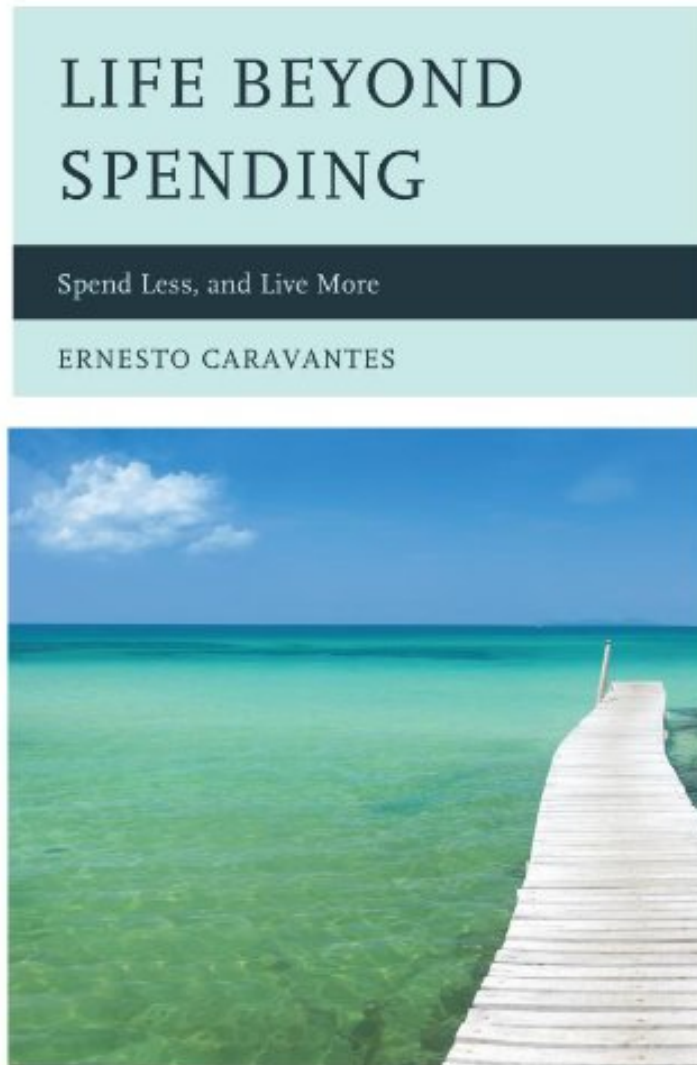


(Download free pdf) Life Beyond Spending: Spend Less, and Live More

Life Beyond Spending: Spend Less, and Live More

Ernesto Caravantes

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Ernesto Caravantes : Life Beyond Spending: Spend Less, and Live More before purchasing it in order to gauge whether or not it would be worth my time, and all praised Life Beyond Spending: Spend Less, and Live More:

0 of 0 people found the following review helpful. Give up the Rat Race, But Too RepetitiveBy Kevin RomanThis book teaches how to take the initiative with our finances. We have to buy things because we want to rather than fit in with shallow people if we want to enjoy our lives. I like how Ernesto Caravantes goes in detail to explain how our democracy is more about wanting the same (and failing with debt) while giving propaganda against communism. Then of course, the rich people who lose their minds because they learn they are used by their entourage or their 15 minutes are finally up and they crave the attention. It helps anyone really see how superficial American society can be. Only

issues are typos and it can get repetitive, like from wealthy to adolescents policing what to buy. Unfortunately, the last part of the book is not proofread (at least the kindle edition) and the same exact stories are repeated right after the other; you should honestly skim if you want to continue reading because they're about tips on saving money like shopping at thrift stores.

Ernesto Caravantes was among the multitudes of people who were affected by the Recession of 2008, the financial impact of which continues to be felt to this day. Rather than focus on how people can return to their former consumerist lifestyle, he decided to explore how people can trade one paradigm of conspicuous consumption for another of frugality and simplicity. The author uses a reader-friendly approach to exploring these issues, and combines both personal narrative and practical advice to make his point. With over one hundred easy-to-do fun ideas and entertaining activities that are free or very low in cost, the reader is shown the possibility of a life beyond spending. Caravantes explains that now is the time to embrace a simpler manner of living, one free of the constant need to spend and acquire. He also says that the human spirit can be nurtured by such a change. He emphasizes that it is our connection to others, to ourselves, and to the larger forces in the universe which ultimately matter the most

About the Author Ernesto Caravantes grew up in Long Beach and Lakewood, California. Having been raised in Southern California, he developed a lifelong love of the ocean, a place where he returns to on a regular basis to refresh his soul and nurture his spirit. It was also his time at water's edge where he learned the value of a life of utter simplicity. He continues to work and walk along the sand in Southern California