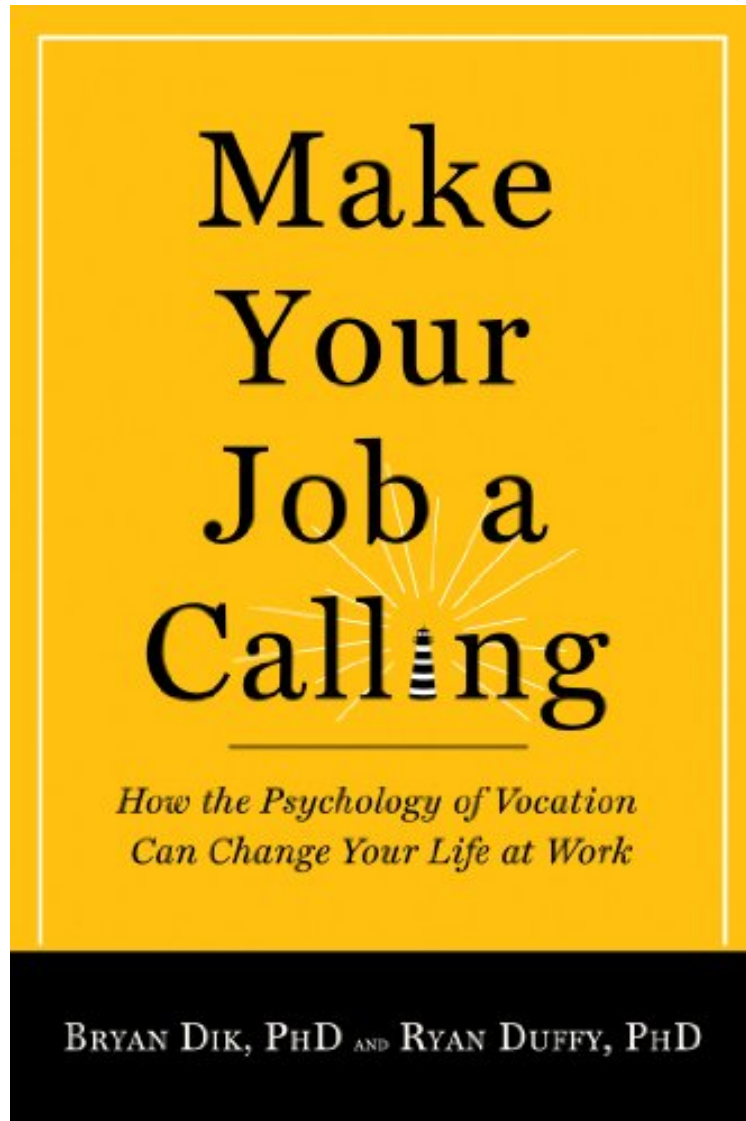


(Download) Make Your Job a Calling: How the Psychology of Vocation Can Change Your Life at Work

Make Your Job a Calling: How the Psychology of Vocation Can Change Your Life at Work

Bryan J. Dik, Ryan D. Duffy
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Bryan J. Dik, Ryan D. Duffy : Make Your Job a Calling: How the Psychology of Vocation Can Change Your Life at Work before purchasing it in order to gage whether or not it would be worth my time, and all praised Make Your Job a Calling: How the Psychology of Vocation Can Change Your Life at Work:

3 of 3 people found the following review helpful. Powerful Concepts and Practical StrategiesBy MLawyerThis is an excellent read and very informative. I picked this up based on a friend's recommendation, but I had to write a review because I think the concepts are so powerful. These authors are clearly onto something when it comes to improving

your life at work. They offer practical strategies, and as I read this book, I could think of specific people I work with who seem to be using these strategies to great success. It's just that I never understood why before reading this book. The book doesn't shy away from the spiritual element of a word like "calling," and it gets into some interesting research that demonstrates how people who find and follow a call can be happier at work (and outside of work as well), even if the job they have isn't perfect. I think there's something in this book for everyone. I'm very happy in my job, but I still loved the book. I think it would be a particularly helpful book for someone who is thinking about a career change or shift, or even someone looking for fulfillment in retirement, because the book discusses ways to pursue a calling outside of work as well. I see this book as one that could gain traction in the business community as well, because satisfied workers are productive workers, and this book definitely provides a formula for understanding and achieving job satisfaction. I recommend this book and look forward to more from these authors.

2 of 2 people found the following review helpful. A must read and a great holiday gift choice! By Jen B MN Make Your Job a Calling is well-written, thoughtful, scientifically informed, and inspiring. The book draws on "centuries of wisdom... from theologians and philosophers, but it is built on contemporary theory, a rapidly growing body of scientific research," and the writers' experiences as vocational psychologists. As a psychologist myself, I believe this book presents a meaningful contribution to the field. I hope it reaches the hands and minds of many. It includes a historical perspective on the meaning of work in our lives, a precise definition of the term "calling" and research on the benefits for people who perceive their work to be a calling, and points to ponder along with writing exercises to help the reader make personal use of the material presented. We all face times when we feel a bit lackluster about the demands of life at work. This book will facilitate a return to enthusiasm, or perhaps for some even spark a sense of meaning and purpose for the first time. For those fortunate enough to already feel that their job makes use of their individual gifts, contributes to the good of the world around them, and lends personal satisfaction, this book will give you a deeper sense of that experience. Whether you seek a strengthening of your current perspective that your work is a calling, need a boost in the level of meaning you draw from your work, are trying to decide on a career path, seek spiritual guidance to enhance the way you view your job/career, or want a secular perspective on vocational pursuits, this book is well worth the read. I plan to share this book with many of my family members, friends, and clients!

1 of 1 people found the following review helpful. Grab this book and put its principles into practice. By Ryan T. Hartwig This book is SHARP. Instead of encouraging people to go on a ridiculous quest to find the perfect meaningful job, these authors explain how you can make your work meaningful in the way you do your work -- whatever it is - day in and day out. This is a refreshing diversion in a genre of books that often leads people into an elusive, exhausting search for meaningful work! Grab this book and put its principles into practice.

Do you ever feel sick of your job? Do you ever envy those people who seem to positively love what they do? While those people head off to work with a sense of joy and purpose, for the rest of us trudging back to the office on Monday morning or to the factory for the graveyard shift or to the job site on a hundred-degree day can be an exercise in soul crushing desperation. "If only we could change jobs," we tell ourselves, "that would make it better." But we don't have the right education . . . or we don't have enough experience . . . or the economy isn't right . . . or we can't afford the risk right now. So we keep going back to the same old unsatisfying jobs.

Full of practical insights and actionable research findings, *Make Your Job a Calling: How the Psychology of Vocation Can Change Your Life at Work* guides readers in all kinds of jobs through a thoughtful and research-based path to transform their relationship with work. Dik and Duffy have powerfully captured the dynamics of meaning in work in ways that underscore the importance of meaningful work in any job. Amy Wrzesniewski, associate professor of Organizational Behavior, Yale School of Management