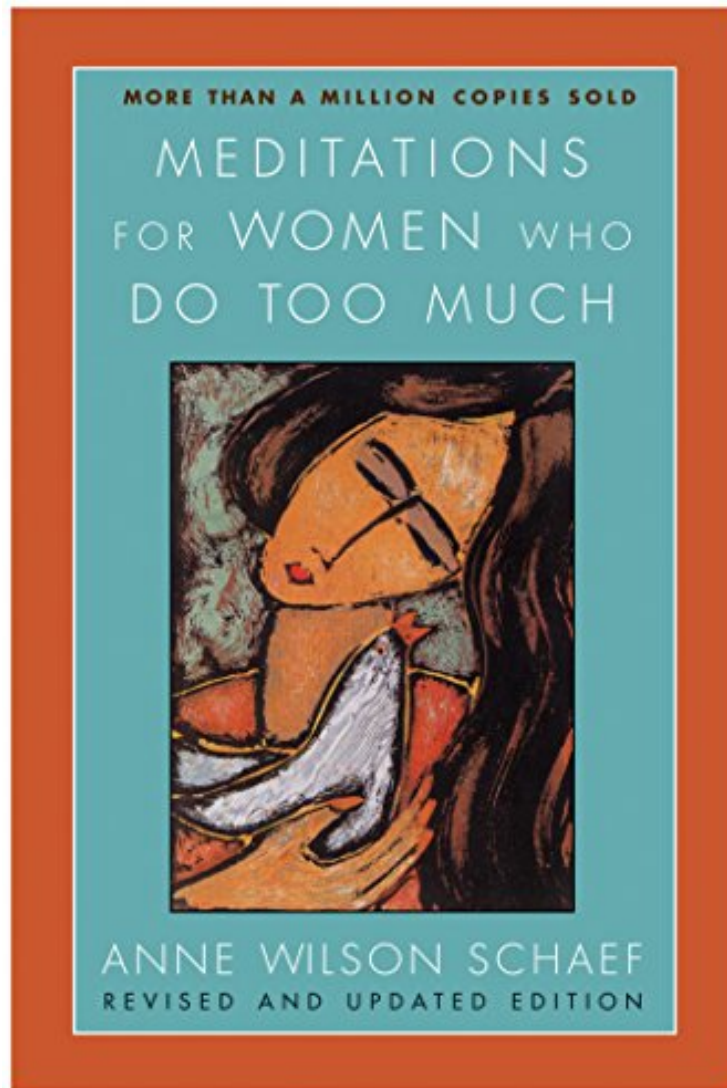


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Meditations for Women Who Do Too Much - Revised Edition

Anne Wilson Schaefer

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About the Author
Anne Wilson Schaef, Ph.D., is the bestselling author of Meditations for Women Who Do Too Much, Women's Reality, and Co-Dependence, among others. Schaef specializes in work with women's issues and addictions and has developed her own approach to healing which she calls Living in Process. Her focus now is helping people, societies, and the planet make a paradigm shift.