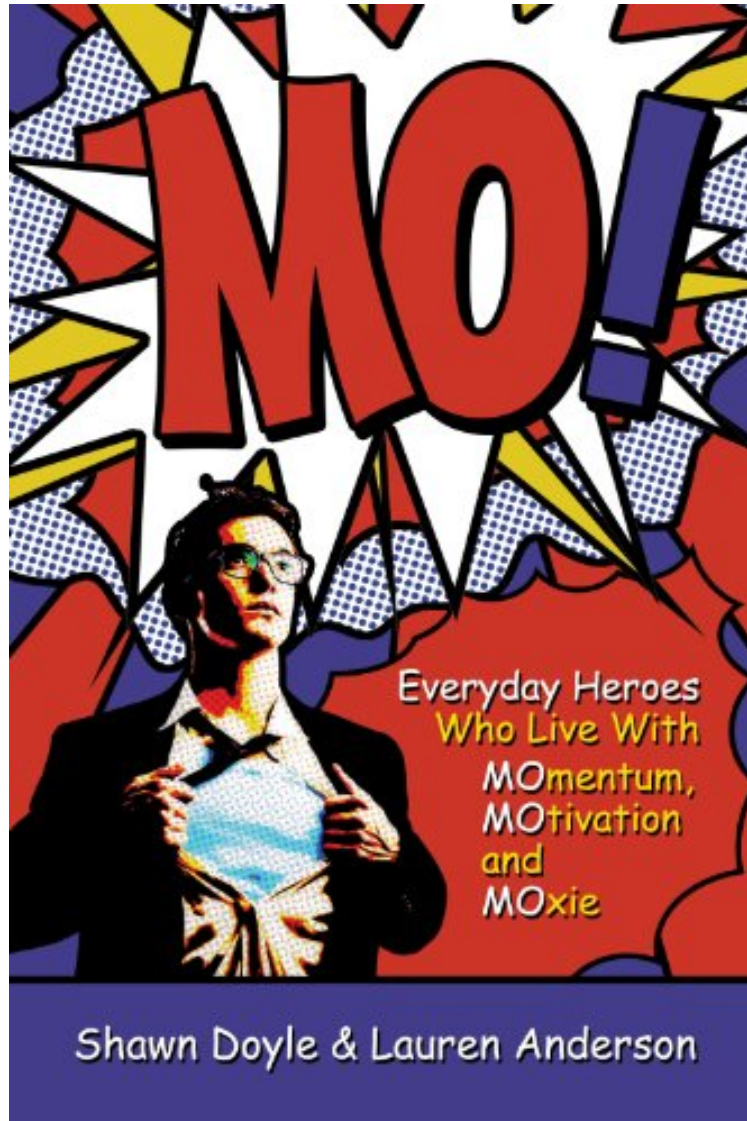


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## MO!: Live with Momentum, Motivation, and Moxie

*Shawn Doyle, Lauren Anderson*  
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book for MO! of everything! Thrilled that Lauren put this book of MO! for others to live their life with MO! of everything. Lauren has been a mentor my entire professional career and throughout my life, this book is a fabulous read. Ever since I met her when I was 18 I wanted to be just like Lauren and now others can benefit from all the reasons why with this book. 0 of 0 people found the following review helpful. Thought provoking By CustomerA thoughtful tool about real people in real life situations. I am rooting for and enjoying how the various individuals in each story have stepped out of a box to create the best for their lives. Personally, I know how difficult it can be when life hands you a curve to have forward thinking. MO reading!

nbsp;What is MO?nbsp;

"MO" is a unique approach in the genre of self-help and MOtivational books. Shawn Doyle and Lauren Anderson are practical and professional in their writing. "MO" is entertaining, instructional, and highly MOtivational. -- The Midwest Book , Richard R Blake About the Author Shawn Doyle CSP is a learning and development professional who has a passion for human potential. He has an avid belief in the concept of lifelong learning. For the last 22 years, Shawn has spent his time developing and implementing training programs on team building, communication, creativity and leadership. Shawn's training programs help people become more effective in the workplace and in their lives. Some clients include Pfizer, Comcast, Charter Media, IBM, Kraft, Microsoft, The Marines. Lauren Anderson is highly sought after as a Consultant, Mentor and Spokesperson. She is a frequent and recognizable guest on national television and writes numerous articles for top specialty and professional publications. Lauren belongs to numerous business associations all over the country and participates in many charitable and fundraising events. She is also co founder of The East Side Clickers, a business networking group in South Florida.