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My Fringe Hours: Discovering a More Creative and Fulfilled Life

Jessica N. Turner

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Jessica N. Turner : My Fringe Hours: Discovering a More Creative and Fulfilled Life before purchasing it in order to gage whether or not it would be worth my time, and all praised My Fringe Hours: Discovering a More Creative and Fulfilled Life:

0 of 1 people found the following review helpful. Five StarsBy CustomerLove it.0 of 2 people found the following review helpful. Five StarsBy Valerie MerryThank you.4 of 4 people found the following review helpful. A Great Tool To Help Manage Your Time and Reduce StressBy Jodi GThis book is great for anyone who made self-care and time management one of their resolutions. It's a beautiful book, and gives you the tools you need to evaluate your current responsibilities and find ways to fit your passions into your schedule. This full color book would be a great gift - I definitely recommend purchasing the hard cover book rather than the Kindle version, since there are spaces to fill in your answers to the various questions.

Women are tired of getting to the end of the day and realizing they haven't done one thing for themselves. In *The Fringe Hours*, Jessica Turner revealed the pockets of time women already have in their day and encouraged them to use those fringe hours to practice self care and do the things they love. Now she's ready to take readers a step forward, leading them through their own inspiring journey to a changed life. Equally practical and beautiful, *My Fringe Hours* offers busy women both inspiration and a space to make its concepts their own. Each section includes thought-provoking questions, space for reflective journaling and planning, and targeted motivation to help them use their fringe hours to live more creative and fulfilled lives. The perfect gift for the busy woman, this unique, interactive book gives clear guidance on how to begin a practice that will change her life.

From the Back Cover Make time for you--every day. Do you want to learn how to make time for the things you love, deepen friendships, and take better care of yourself? Begin a journey of self-discovery as you explore your passions and overcome obstacles in this meaningful book. You'll come away refreshed, invigorated, and excited to live a more creative and fulfilled life. Jessica N. Turner is the founder of TheMomCreative.com; a writer for [Huffpost Parents](http://HuffpostParents.com), Parenting.com, and [DaySpring's \(in\)courage](http://DaySpring's (in)courage); and the author of *The Fringe Hours*. **About the Author** Jessica N. Turner is the founder of the popular lifestyle blog The Mom Creative, where she documents her pursuit of cultivating a life well crafted (www.themomcreative.com). The author of *The Fringe Hours*, she is a writer for [DaySpring's \(in\)courage](http://DaySpring's (in)courage), an advocate for World Vision, a regular speaker at blogging conferences nationwide, and an award-winning marketing professional. She and her husband, Matthew, live with their young children in Nashville, Tennessee.