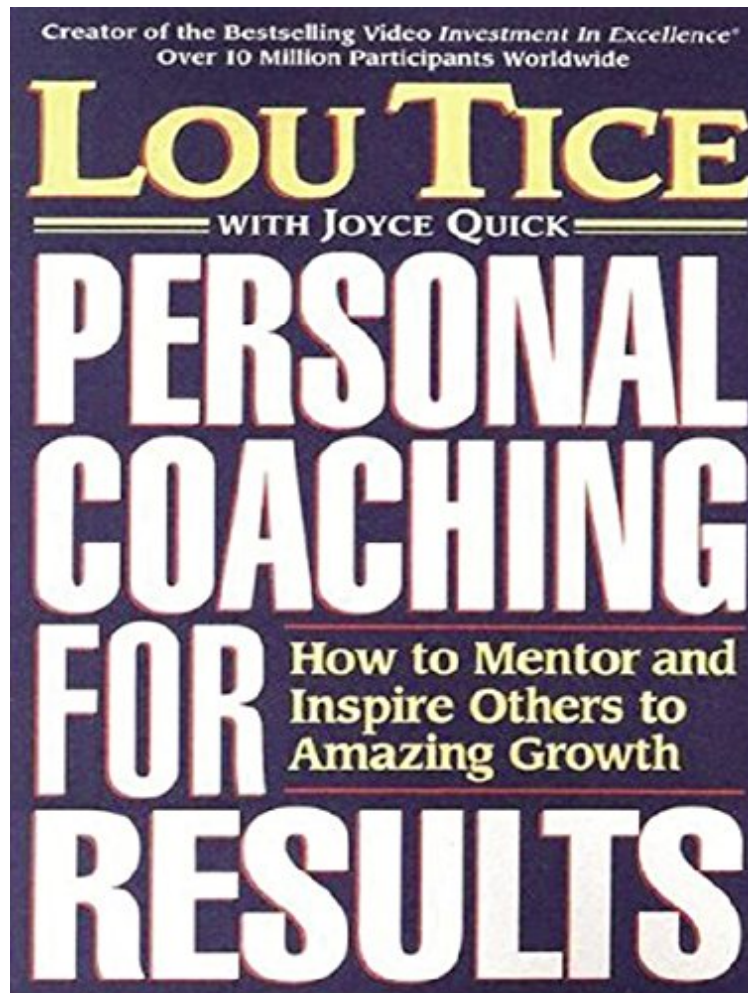


Personal Coaching for Results

Lou Tice

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and over again and I can guaranty you will find it life changing. Lou is missed but his legacy will continue to live forever.

In *Personal Coaching for Results*, Lou Tice walks you through the process to coach yourself to effectiveness and success, step by step. Using what he wrote here builds your personal effectiveness and then guides you on your way to becoming the credible, influential mentor you have it in you to be.

About the Author Tice and his wife, Diane, are the founders of the Pacific Institute, an educational development company doing business in 30 countries and in 10 languages. Joyce Quick, M.A., M.S.W. is a clinical social worker. She has authored over 1,000 scripts for a nationally syndicated radio program, *The Winner's Circles* and has been a personal coach at The Pacific Institute, an international firm devoted to developing personal and professional growth education. She now has a family and individual practice in Seattle, Washington.