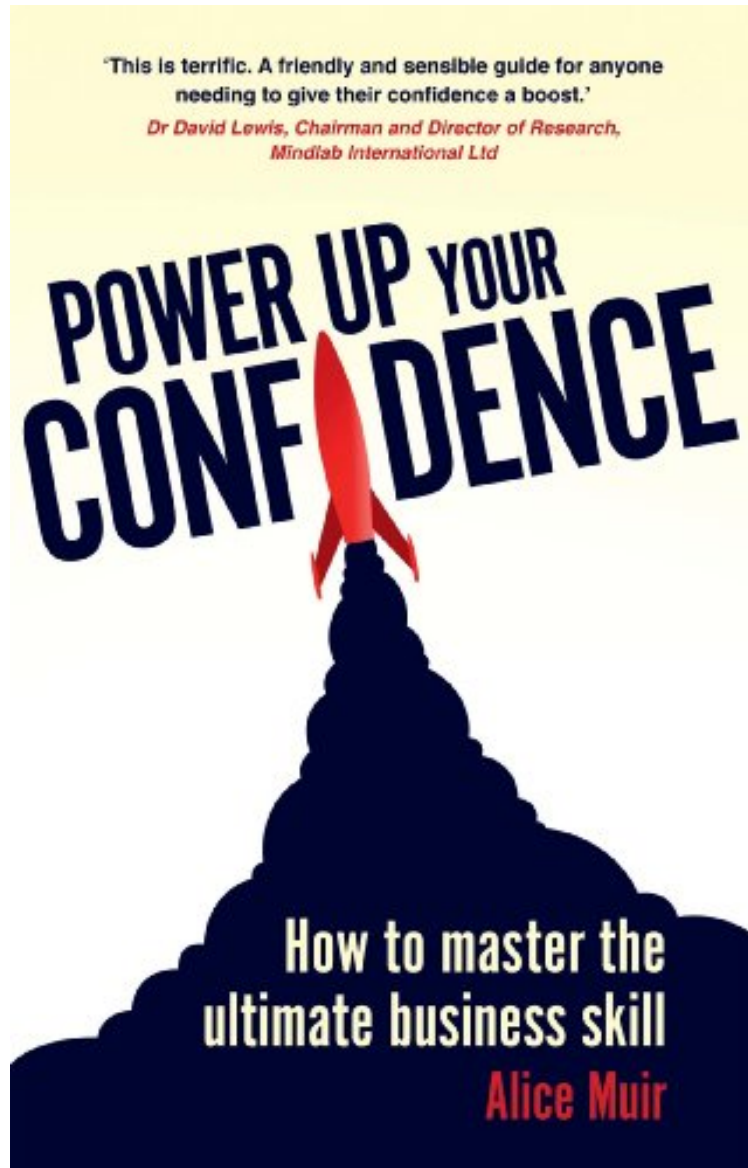


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Power Up Your Confidence: How to master the ultimate business skill

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• Stay in control – always feel on top however tough the situation
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• Say what you want – be taken seriously and never regret what you didn’t say
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• Be more resilient – bounce straight back from any knocks on the way
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‘This is terrific. A friendly and sensible guide for anyone needing to give their confidence a boost.’