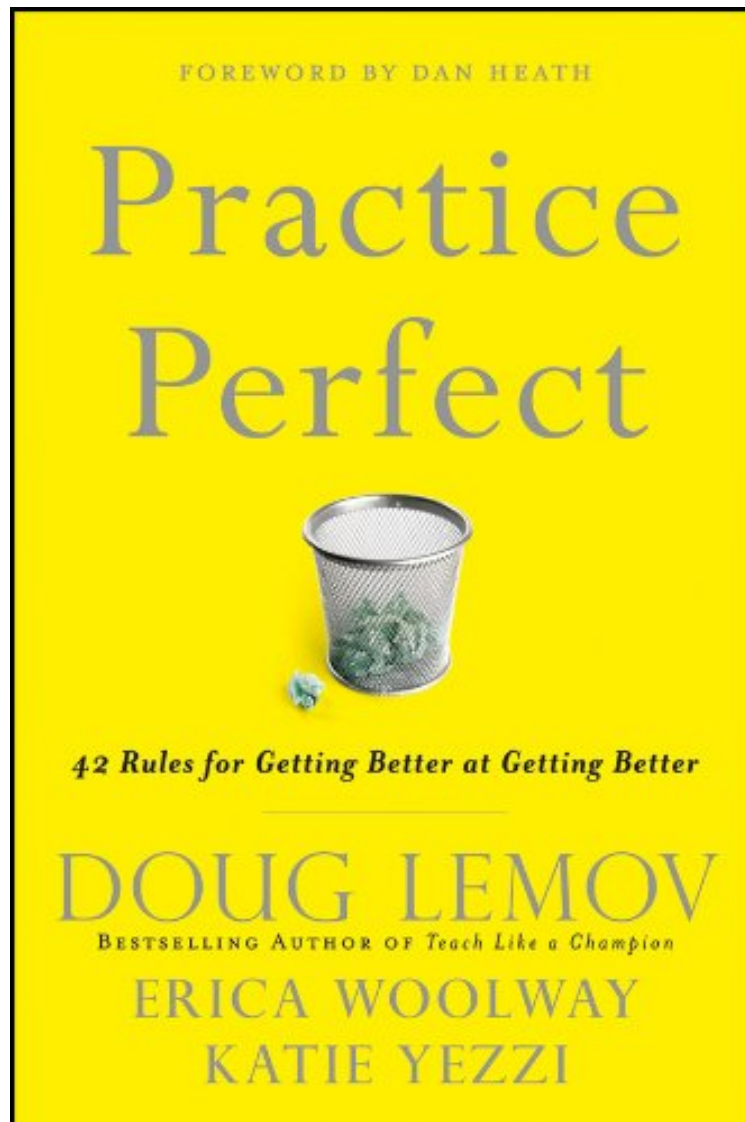


Practice Perfect: 42 Rules for Getting Better at Getting Better

Doug Lemov, Erica Woolway, Katie Yezzi
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Doug Lemov, Erica Woolway, Katie Yezzi : Practice Perfect: 42 Rules for Getting Better at Getting Better
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Practice Perfect: 42 Rules for Getting Better at Getting Better:

3 of 3 people found the following review helpful. This book is not just largely for educators. This ...By John C. This book is not just largely for educators. This book changed my life. It breaks down specific myths of "work hard" and really goes into the specifics of how to focus on what really drives performance. Focused, deliberate practice. I've never written a review before but this book is a game changer. 0 of 0 people found the following review helpful. and I'm walking away with tons of great actionable items that will be implemented in our practices By MLeland Although

this book is primarily geared toward teachers, many of the lessons are applicable in a variety of professions: coaching, managing/leading a business, etc. I coach high school basketball, and I'm walking away with tons of great actionable items that will be implemented in our practices. 2 of 2 people found the following review helpful. I wish I had read this 40 years ago! By Kiawah Chas In addition to giving the reader "42 rules for getting better at getting better", Practice Perfect helps us practice "smarter". The concept of "Practice the 20", where one practices the 20 per cent of things that are the most important, is huge because it focuses attention on what counts instead of the other 80% that wastes so much of our time. My golf should benefit because at my age I only need to practice chipping and putting! I could have also used the business applications of Practice Perfect 40 years ago. Back then, no one practiced sales presentations for fear of looking foolish in front of one's colleagues. But what Practice Perfect shows is that we missed something valuable - "the gift of feedback." What a loss. But the good news from this book is that it is never too late to learn, provided we practice focusing on the solutions instead of the problems.

Rules for developing talent with disciplined, deliberate, intelligent practice We live in a competition loving culture. We love the performance, the big win, the ticking seconds of the clock as the game comes down to the wire. We watch games and cheer, sometimes to the point of obsession, but if we really wanted to see greatness—wanted to cheer for it, see it happen, understand what made it happen—we'd spend our time watching, obsessing on, and maybe even cheering the practices instead. This book puts practice on the front burner of all who seek to instill talent and achievement in others as well as in themselves. This is a journey to understand that practice, not games, makes champions. In this book, the authors engage the dream of better, both in fields and endeavors where participants know they should practice and also in those where many do not yet recognize the transformative power of practice. And it's not just whether you practice. How you practice may be a true competitive advantage. Deliberately engineered and designed practice can revolutionize our most important endeavors. The clear set of rules presented in Practice Perfect will make us better in virtually every performance of life. The "how-to" rules of practice cover such topics as rethinking practice, modeling excellent practice, using feedback, creating a culture of practice, making new skills stick, and hiring for practice. Discover new ways to think about practice. Learn how to design successful practice. Apply practice across a wide range of realms, both personal and professional The authors include specific activities to jump-start practice Doug Lemov is the best-selling author of Teach Like a Champion A hands-on resource to practice, the rules within will help to create positive outliers and world-changing reservoirs of talent.

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